OOLTEWAH HIGH SCHOOL

Counselor Newsletter

Parent Night/College Fair

We are hosting a college fair on Monday, February 24th. We will have over 50 college representatives at OHS from 6:00 -7:30 pm. All students and parents are invited to come.

We also want to invite parents of 9th, 10th, and 11th graders to come to an informational meeting on this same night as we plan for the 2020-2021 school year. The plan for the night is:

2:30 –5:30—Parent/Teacher Conferences

6:00 -7:30 - College Fair in the commons

5:30 -6:00 - Freshman parent meeting in the old gym

5:30 -6:00 - IB Presentation in the Little Theatre

6:15 -6:45 - Sophomore parent meeting in the old gym

6:15 -7:00 -Junior parent meeting in the Little Theatre.

Cyber Bullying

Cyberbullying is bullying that takes place over digital devices like cell phones, computers, and tablets. Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation.

Upcoming Events

- *February 5—1/2 day for students*
- *February 11-13—ASVAB testing for sophomores through PE/PF classes*
- *February 17—President's Day—No school*
- *February 24—Parent Night/College Fair and Parent/Teacher Conferences*
- *March 2-6—Benchmark testing*
- *March 5—NHS/Beta Club Induction*
- *March 16—PD day for teachers—No students*
- *March 17—Juniors take ACT—Underclassmen take a practice ACT*
- *March 18—TN Promise Meeting for Seniors—5:30 pm*

Course Request Sheets

Students will be filling out course request sheets during the month of February. You and your student should look at and discuss their course options. Students should choose courses carefully because their schedule is built from their requests. Please let your counselor know if you have any questions.

Graduation Requirements:

- 4 English credits
- 4 Math credits—must take a math every year
- 4 Science credits
- 3 Social Studies credits
- 1 Wellness credit or 2 JROTC credits
- .5 PE credit
- .5 Personal Finance credit
- 1 Fine Art credit
- 2 Foreign Language credits
- 3 elective focus credits

How Can I Protect My Child From Cyberbullying?

"Cyberbullying includes sending, posting, or sharing negative, harmful, false or mean content about someone else."

The most common places where cyberbullying occurs are:

—Social Media, such as Facebook, Instagram, Snapchat, and Twitter

—SMS (Short Message Service) also known as Text Message sent through devices

—Instant Message (via devices, email provider services, apps, and social media messaging features)

—Email

There are measures adults can take to help teens stay safe and act responsibly as they use today's technology.

Keep the computer in a "public" space, such as the family room or kitchen. Monitoring children's online activities may reduce their risk of becoming victims or perpetrators of electronic aggression.

Talk with your child about what he or she is doing online.

Tell your child that you may review his or her online communications if you think there is reason for concern.

Consider installing parental-control filtering software or tracking programs.

Counselor Contact Information

Counselors serve students based on their last name. Please see below for your student's counselor:

A – E — Ms. Possien possien_f@hcde.org

F – L— Ms. Duncan   duncan_k@hcde.org

M – R— Ms. Sprague   sprague_courtney@hcde.org

S – Z— Mrs. Manning   manning_t@hcde.org